



a kids New Years
goals and resolutions journal

Draw a picture or write about something you want to do better at in school in the New Year...



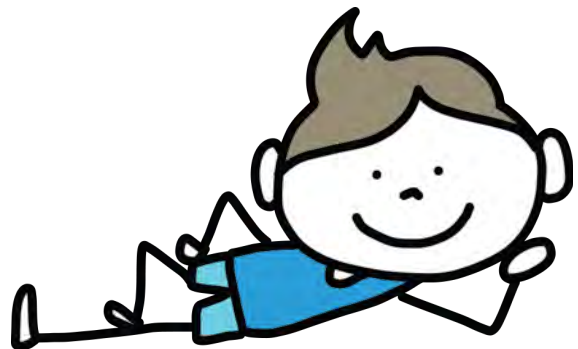
Draw a picture or write about something you want to do together as a family...



Draw a picture or write about something you want to do better at for your parents in the New Year...



Draw a picture or write about something you want to do less of in the New Year...



Draw a picture or write about a game you want to play more in the New Year...



Draw a picture or write about something you want to learn to expand your wisdom in the New Year...



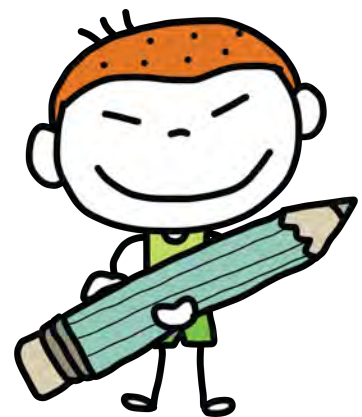
Draw a picture or write about a chore you want to add to your list in the New Year...



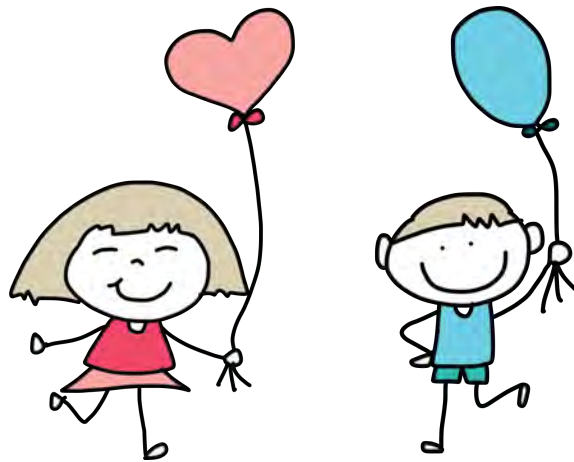
Draw a picture or write about a skill or activity you want to learn in the New Year...



Draw a picture or write a place you want to go to this year...



Draw a picture or write about how can you help your family this year...



Draw a picture or write about something silly you want to do this year...



Draw a picture or describe how you see your family at the end of this year...



Draw a picture of or list some people you would like to write letters to this year...



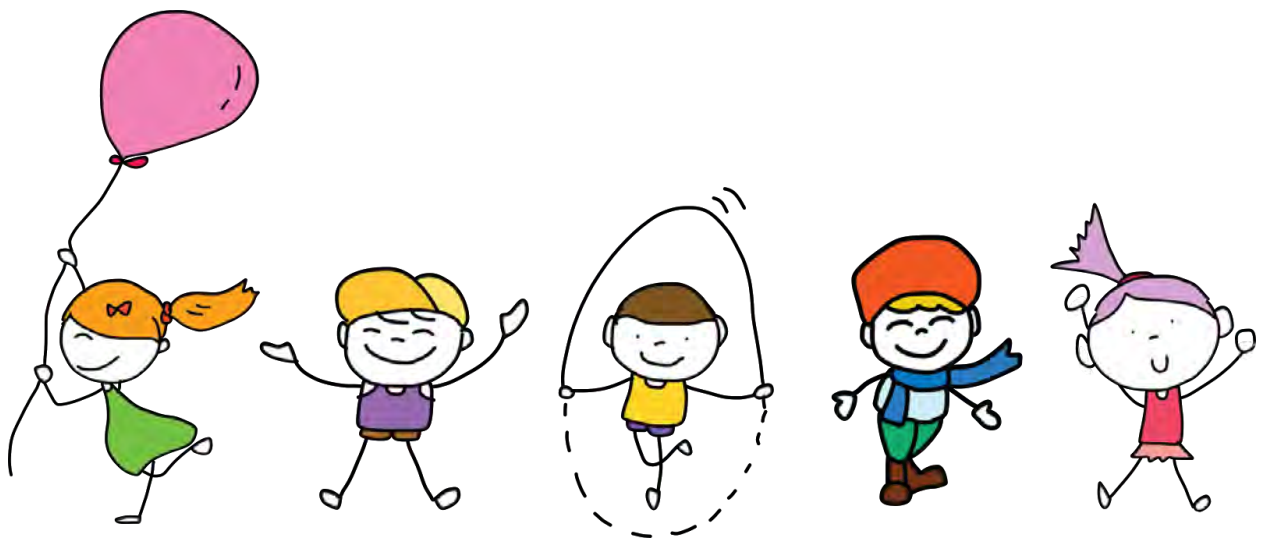
Draw a picture of or list some people you would like to meet or be friends with someday...



Draw a picture of or write about something you want to eat more of this year...



Draw a picture or write about any other goals you want to add...



BE STRONG, YET KIND

love others. **AND YOURSELF**

when you fall, get back up

IF YOU SEE SOMEONE FALL, HELP THEM

BE SILLY, LAUGH OFTEN

BE HONEST, EVEN WHEN IT'S HARD

have courage to **DO THE RIGHT THING**

admit mistakes, we all make them