



a kids New Years  
goals and resolutions journal

Draw a picture or write about something you want to do better at in school in the New Year...

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Draw a picture or write about something you want to do together as a family...

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Draw a picture or write about something you want to do better at for your parents in the New Year...

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Draw a picture or write about something you want to do less of in the New Year...

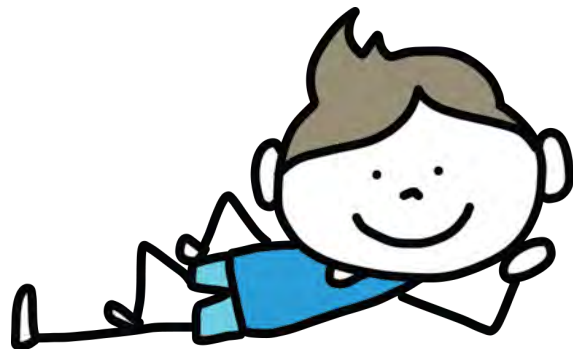
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Draw a picture or write about a game you want to play more in the New Year...

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Draw a picture or write about something you want to learn to expand your wisdom in the New Year...

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Draw a picture or write about a chore you want to add to your list in the New Year...

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Draw a picture or write about a skill or activity you want to learn in the New Year...

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Draw a picture or write a place you want to go to this year...

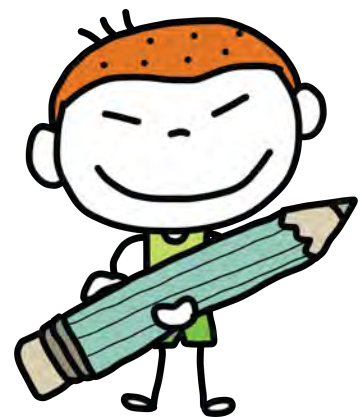
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Draw a picture or write about how can you help your family this year...

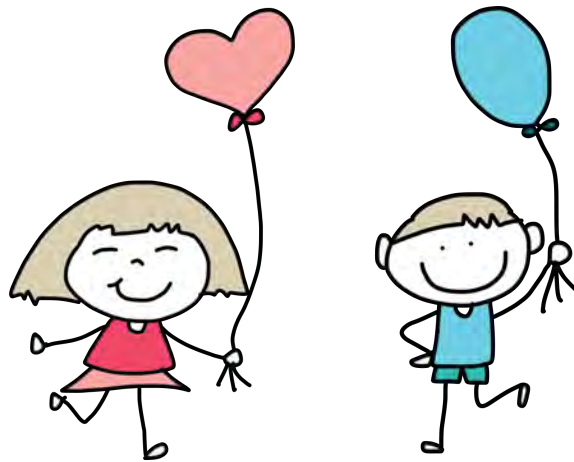
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Draw a picture or write about something silly you want to do this year...

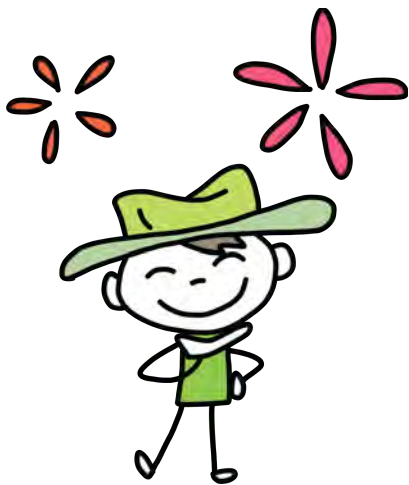
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Draw a picture or describe how you see your family at the end of this year...

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Draw a picture of or list some people you would like to write letters to this year...

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Draw a picture of or list some people you would like to meet or be friends with someday...

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Draw a picture of or write about something you want to eat more of this year...

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Draw a picture or write about any other goals you want to add...

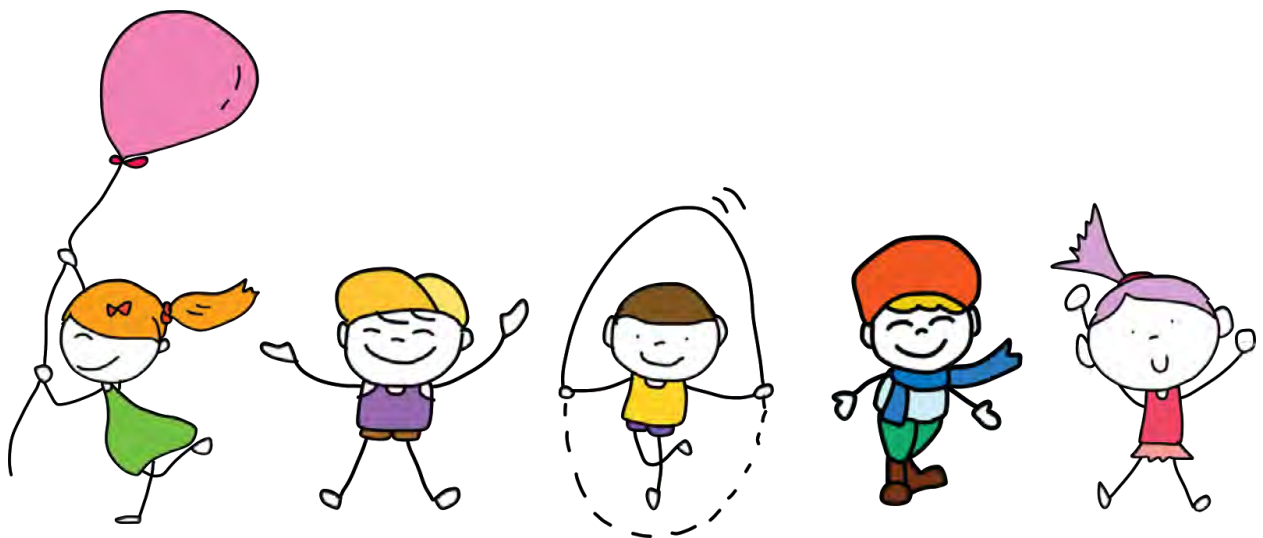
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BE STRONG, YET KIND

love others. **AND YOURSELF**

*when you fall. get back up*

IF YOU SEE SOMEONE FALL, HELP THEM

**BE SILLY. LAUGH OFTEN**

BE HONEST. EVEN WHEN IT'S HARD

have courage to **DO THE RIGHT THING**

*admit mistakes. we all make them*